



*Twinned in Faith*  
**ST. AMBROSE & ST. CATHERINE'S PARISHES**

Pastor—Fr. Iqbal Khurshid: [pastor@stambroseparish.ca](mailto:pastor@stambroseparish.ca)

**Our Deacons**

**St. Ambrose:** Deacon Peter Lilienthal  
Contact: [deacon@stambroseparish.ca](mailto:deacon@stambroseparish.ca)

**St. Catherine's:** Deacon Isaac Driedger  
Contact: [isaacdriedger62@gmail.com](mailto:isaacdriedger62@gmail.com)

Main office: 1513 - 23 Avenue, Coaldale, AB T1M 1E2  
Monday, Tuesday, Thursday & Friday Phone 403-345-3400  
St. Catherine's office: Wednesdays 9:30am – 4:00pm 403-745-5100  
Email: [office@stambroseparish.ca](mailto:office@stambroseparish.ca) Website: [www.stambroseparish.ca](http://www.stambroseparish.ca)



Whether you are new, visiting, or a longtime member, we're glad you're here.  
Please say hello to Fr. Iqbal—he would love to meet you!

Pick up a registration form in the foyer and place it in the collection basket.

**Receiving the Sacraments in our parishes:** Please contact the parish office regarding Sacramental Preparation for all Sacraments—Baptism, First Reconciliation, First Communion, Confirmation and Marriage. Couples contemplating marriage should contact a priest at least six (6) months prior to the date chosen. Preparation courses are required for reception of all Sacraments.



# March 1, 2026

## Second Sunday of Lent

### OUR PRAYERS

#### MASSES AND INTENTIONS for Feb. 28—March 8, 2026

<b>Saturday Feb. 28 (Sunday Liturgy)</b>	<b>SA 5:00 pm</b>	Int. of Rita Gensorek & family
<b>Sunday, March 1</b>	<b>SA 9:00 am</b>	Loretta Simmill †
<b>Sunday, March 1</b>	<b>SC 11:00 am</b>	For the Parishioners
Monday, March 2	SA 8:45 am	No intention available
Tuesday, March 3	SA 6:00 pm	Intention of Diane Randell
Wednesday, March 4	SC 9:00 am	In Thanksgiving
Thursday, March 5	SA 8:45 am	No intention available
Thursday Sunny South Lodge	2:30 pm	No intention available
Friday, March 6	SC 9:00 am	No intention available
Saturday March 7 Marian Mass	SA 8:45 am	Fr. Iqbal's Father †
<b>Saturday March 7 (Sunday Liturgy)</b>	<b>SA 5:00 pm</b>	Pauline Bodie †
<b>Saturday (Sunday Liturgy) Ridgeview Lodge</b>	<b>7:00 pm</b>	For the Parishioners
<b>Sunday, March 8</b>	<b>SA 9:00 am</b>	No intention available
<b>Sunday, March 8</b>	<b>SC 11:00 am</b>	No intention available



**Please pray for our parishioners who are sick** – Robert Pitsol, Joanne Weber, Diane Murray, Lew Dooper, Peter Velker, Robert Briggs, Tanya Figg, Dave Gensorek, David & Darlene Beler, Margaret Bergen Henengouwen, Maria Federmesser, Lorainne Kress, Joanne Kubic, Helen & Perry Layton, Robert Murray, Marilyn Rudelich, Fausto Romo Vela.

**And for the Repose of the Souls** of all the deceased.



**Pastoral Care Ministry** – If you do not wish to receive Holy Communion in Coaldale after the 9am Mass on **Sunday March 8**, please notify a team member by Sat. March 7. March 8 Team: Ruth 250-826-8014 Lauraine 403-345-4184



**Don't forget! Daylight Savings Time starts next Sunday, on March 8!**

## OUR EVENTS IN OUR PARISHES

### St. Catherine's Parish

1. To pray for more vocations to religious life, we are having **40hrs of Adoration at St. Catherine's.**

**When: 8 pm Fri. March 13—10 am Sunday March 15**

Watch for sign-up sheets to be available soon in the foyer of the church. We need a minimum of 2 people signed up per hour.

Pope Francis spoke of the fruits we receive in spending time with the Lord in Eucharistic Adoration. He said, "We have to embrace Jesus in adoration and ask for eyes capable of seeing the goodness and discerning the ways of God."



**CWL News:** CWL dues are \$40.00 and are due by February 28. All women of our parish are welcome to join. Next meeting is March 19 at 7 pm.

### **World Day of Prayer Ecumenical Worship Service**

**When:** Friday March 6th at 7pm

**Where:** St. Catherine's Church

Organized by CWL of St. Catherine Church, Picture Butte

\*\* Please note—there will be NO SOUP AND BUN this evening.

### **St. Ambrose Parish**

#### **1. APOLOGIES! PLEASE NOTE THE CORRECTED DAY FOR THE CLOSING OF THE 40 HOUR ADORATION.**

To pray for more vocations to religious life, we are having **40hrs of Adoration at St. Ambrose.**

**When:**

**4pm Thurs. March 5—8:30am Saturday March 7.**

Sign-up sheets are available in the foyer of the church.

We need a minimum of 2 people signed up per hour.

Pope Francis spoke of the fruits we receive in spending time with the Lord in Eucharistic Adoration. "We have to embrace Jesus in adoration and ask for eyes capable of seeing the goodness and discerning the ways of God."

**2. Please note that the Sunday 4:00 pm Holy Mass is now discontinued. However, we will continue to celebrate the Youth-led Mass once a month on Sunday at 4pm. These dates will be announced.**



**CWL News: 2026 Membership Dues** – We invite all ladies to journey with us in faith, fun, and fellowship! Pay your \$40 dues by Feb. 28th and be entered in a draw to win a gift certificate from Franco's Restaurant.

Questions? Contact Lisa Wolfe: 825-594-4888.

### For All Parishioners:

1. The **2025 Income Tax receipts** for your donations are available in the foyers of both churches. They are in alphabetical order by last name. Please pick up yours **ASAP.** This saves the parishes a lot of money in postage costs!

2. Please remember to book **Mass Intentions through the office**, especially if you are asking for a specific date. Please don't just assume a date will be available—check first. It will save much time and many phone calls. Thank you!

## OUR LARGER COMMUNITY

### Lethbridge People of Praise Society - (Live-In Retreats)

#### **Annual General Meeting & Backup Retreat**

**When:** Saturday March 14, 2026

**Where:** Martha Retreat Centre,  
1130 Scenic Drive S. Lethbridge, AB

**Guest Speaker:** Peter Thompson - Lay Evangelist and member of Calgary Catholic Charismatic Renewal

**Agenda:** 8:00 am Registration followed by the AGM and Backup Retreat.

Lunch will be provided.

Please confirm attendance prior to March 7/26 to assist with meal preparation.

Contact: Sandra Kano @ 403-394-4658 or email: [sandramkano@gmail.com](mailto:sandramkano@gmail.com)

\*\*\* Nominations will take place for 3 positions.

Please pray and discern if the Lord is calling you to serve on the Core.

All are welcome to attend the **Silver Rose Prayer Service** hosted by St. Patrick's Knights of Columbus on **March 15 at 7 p.m.** This will be held at Ss Peter and Paul Church, 643, 12B St. N. Lethbridge. The Silver Rose Run commemorates Our Lady of Guadalupe and her message promoting the sanctity of all human life. There will be a small reception following the service.

### **Renewal Leadership Gathering with Bishop McGrattan**

Priests and Deacons; parish pastoral staff; Parish Pastoral Council, Finance Council, and Parish Renewal Team members; parish ministry leaders or representatives are invited to gather with Bishop McGrattan for a Renewal Leadership Gathering focused on sustaining momentum in our diocesan Renewal. The gathering includes Mass, shared formation, and an opportunity to engage with Bishop McGrattan, fellow parish leaders, and the Diocesan Renewal Leadership Team. Lunch is provided. **Please attend as a parish team.** Registration closes four days prior to each gathering.

**When: Sat, Mar 21, 2026, from 9 am to 1 pm** at St. Augustine's, Taber.

Registration information will be shared as soon as it is available. For information, please contact Jennifer Pashula at 403-218-5528. or [jennifer.pashula@calgarydiocese.ca](mailto:jennifer.pashula@calgarydiocese.ca)

## LENTEN PROGRAMS:

### “MEN OF FAITH” LENTEN RETREAT FOR MEN.

Coaldale Knights of Columbus invite all men to an afternoon retreat with Mr. Lindsay Heier.

**When: Saturday, Mar. 21**

**Where:** St. Joseph School in Coaldale

Doors open 1:30pm with the first talk starting at 2:00pm. Retreat will finish by 4:45pm to allow time to attend 5pm Mass at St. Ambrose.

Snacks and beverages are supplied.

**NO CHARGE** – a good will offering will be accepted.

**RSVP** to Kevin Kinahan at kinahank@gmail.com (even if you do not RSVP, you are still welcome to come).

### Men's Conference!

The Lethbridge parishes are bringing the Calgary God Squad Men's Conference to Lethbridge via live streaming service!

**When: March 13 and 14.**

**Where:** St. Martha's Parish, Lethbridge

This will be the same as the Calgary event with a Friday evening and all day Saturday schedule. There will be Catholic speakers, Stations of the Cross on Friday evening, Mass on Saturday morning and Spalumbo's Sausage for lunch!

**Cost:** \$40 (\$15 for students).

Visit us at [HeroicMenLethbridge.org](http://HeroicMenLethbridge.org) to see full details and to register. Call or txt Karl Airey at 403.382.8577 if you want more details.

### Jesus and Jerusalem: The Geography of Holy Week

A Lenten session with Katie Patrizio on **Friday March 13, 7:15 pm, at Assumption Church Hall, 2405 12 Ave. S. Lethbridge.** Soup Supper at 6 pm. Free will offerings appreciated. Hosted by All Saints Parish and GrACE.

## OUR SUPPORT FOR OTHERS

### Support For Our Diocese Programs—Together In Action

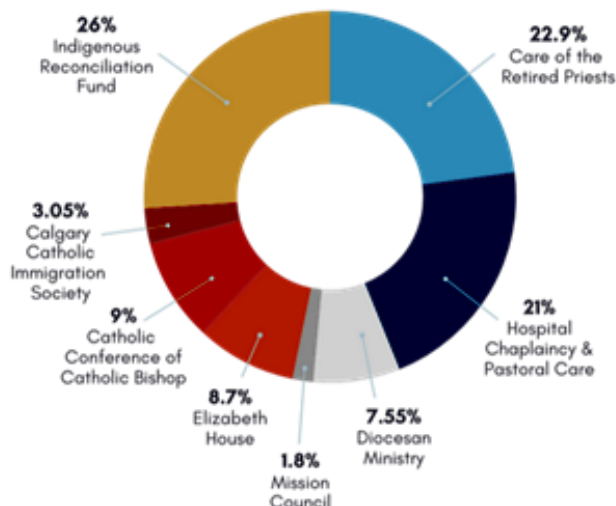
Together in Action (TIA) is the annual campaign of the Diocese of Calgary to support key ministries, partner organizations, and agencies. But someone will say, 'You have faith and I have works.' Show me your faith without works, and I by my works will show you my faith.' (James 2:18). For more than 40 years, TIA has supported diocesan ministries and partner organizations serving communities locally, nationally, and internationally. Every gift to TIA helps bring faith into action by supporting evangelization, advancing social justice, and providing compassionate care to those most in need. Together, we make a lasting difference in the lives of people from all backgrounds and circumstances.

This year's TIA also marks the final year of the financial commitment of the Diocese to the National Indigenous Reconciliation Fund, supporting Indigenous-led initiatives across Southern Alberta.

The 2026 TIA Campaign for the Diocese of Calgary started on Ash Wednesday! You will soon see updates in our church foyers and in the bulletin so that parishioners can track how their donations are helping the progress of this year's campaign. The breakdown of this year's campaign is below:

## \$2 MILLION

The 2026 Together in Action will raise:



**The 2026 goal for  
St. Ambrose Parish:  
\$10,531.00**

**The 2026 goal for  
St. Catherine's Parish:  
\$10,703.00**

**The following resources are available on the Diocese of Calgary website for those serving in liturgical ministry during the Triduum and Easter.** They can provide more information as you prepare together for these most sacred days: [Preparing for the Easter Triduum – Fr. Nathan Siray](#). Video presentation; [Serving the Paschal Mystery: A Practical and Spiritual Guide for Sacristans](#); [Altar Servers – Preparing for the Easter Triduum](#); [Triduum Guidelines – Hospitality Ministry](#); [Preparing for the Easter Triduum - EMHC](#); [The Ministry of Lectors: Bringing Scriptures to Life](#); [Music Ministry Preparation](#); [Formation Resources for Parish Liturgy Committee/Team](#); [Liturgical Environment – Principles & Preparation Checklist](#)

All materials, including Fr. Nathan's recorded presentation, can also be accessed here:

[www.catholicyc.ca/triduum](http://www.catholicyc.ca/triduum)

**THANK YOU** to all the ministry volunteers from both St. Ambrose and St. Catherine's parishes who attended the **C.A.S.E. (Creating A Safe Environment) trainings** held on Feb. 21! Your questions and observations were insightful and helpful!

Thank you to Lynne, Lisa, Maria and Bonnie for assisting with registration at St. Ambrose, and for making coffee and cleaning up. Thank you to Elizabeth for helping clean up at St. Catherine's.

A special thank you to Diane Miedema for being willing to take on assisting with the Volunteer Screening program, and for coming to help at St. Catherine's.

To those ministry volunteers from our parishes who still need to complete their training to be able to continue in ministry, there will be C.A.S.E. Trainings after Easter. Watch here for dates/times, or complete your training online ASAP.



## MINISTRY OF THE MONTH

### EUCHARISTIC MINISTRY

Extraordinary Ministers of Holy Communion (EMHCs) are baptized, practicing Catholics appointed by the Pastor to assist priests and deacons with distributing the precious Body and Blood of Christ during Mass or to the sick. They are typically trained, commissioned and installed members of the

Parish who serve to support the liturgy.

**Ordinary Ministers:** Bishops, priests, and deacons are the ordinary ministers of Holy Communion.

**Extraordinary Ministers:** Lay people who assist when needed. The term distinguishes them from the Ordinary Ministers.

#### Key Roles and Responsibilities of Eucharistic Ministers

- **Distribution at Mass:** Assisting with the distribution of the Holy Eucharist, particularly under both Species.
- **Ministry to the Sick/Homebound:** Taking the Eucharist to parishioners who are unable to attend Mass due to illness, age, or infirmity.
- **Reverence:** Handling the consecrated elements with utmost care and respect, adhering to liturgical guidelines.

#### Requirements and Qualifications to be a Eucharistic Minister:

- Must be Baptized, Confirmed, and active Catholics in good standing (if married, the marriage must be recognized by the Church).
- **Age and Maturity:** Often required to be at least 18 years of age or older and have received the Sacrament of Confirmation, as per Diocesan policy.
- **Training:** Must complete training sessions provided by the Parish or Diocese. After the training their names are sent to the Bishop. Their commissioning (or recommissioning) is for the period of 3 years. After their commissioning they are installed during the Sunday Mass or weekday Masses.

#### Guidelines for Service as a Eucharistic Minister

- **Modest Attire:** They should dress modestly and appropriately for a liturgical role.  
**Not a Right:** This is "A" ministered role of service to the community, not a right of the lay faithful.

**If you are interested in becoming an EMHC, then please contact the following:**

#### St. Ambrose Parish

Ellen Wagner: [rjwagner@telus.net](mailto:rjwagner@telus.net)

Dianne Clarke: [clarkedm@telus.net](mailto:clarkedm@telus.net)

#### St. Catherine's Parish

Susan Trechka [r-strcka@telusplanet.net](mailto:r-strcka@telusplanet.net)

**All parish volunteers must complete the Diocese of Calgary Volunteer Screening program before they can serve in the parish. The office can help with this! Please call for more information.**